

UNFORGETTABLE SUMMER

I think we all know it, during school year you tell yourself how you can't wait for this year's summer holidays and that you'll finally have time to do everything you want. But once summer starts it's like there's actually nothing to do so you just lay in bed all day. But don't worry we have brought you some activities to add to your bucket list to kill the **boredom**.

1. HAVE A SLEEPOVER WITH YOUR FRIENDS

Can we ever get too old for sleepovers? There aren't many things more fun than having a sleepover with your friends. Try to cook dinner with them, order something or even go to a shop or a gas station in the middle of the night to buy some snacks. You can also read, watch a movie or a show, test your creative ability by making something **DIY** or if you are feeling extra productive you can study together. If your parents aren't at home and you have the whole house for yourself you can pull a karaoke night, play hide and seek or arrange a pillow fight. If there's three or more of you you can try baking while one of you can't hear, the other can't see and the last one can't speak. I think we can all agree that whatever you do, everything is ten times funnier when you do it with your friends.



2. FIND YOUR HOMETOWN FUN AGAIN

You may feel like your hometown is boring. I bet there are still many places you haven't seen and now you finally have time to discover them. For example as a person living in a bigger city you can visit new museum **exhibitions**, fancy restaurants and café shops nearby or your town might be holding markets this week. So why don't you give it a try?



3. GO THRIFT SHOPPING

Every season you see new fashion trends all over the internet. Sometimes you can be inspired by them and feel the need to have them in your own closet. Your first impulse is to purchase them on the most affordable fast fashion website. But do you know that you can also create many cute trendy outfits from pieces that you can find in your local **thrift store**? Why don't you invite your friends as well and have more fun together! On top of that by thrifting you're helping the planet!



4. TRY NEW RECIPES

You can either use cookbooks that you have at home or you find on the internet. You can make refreshing summer recipes like ice cream or some lemonades. If you are already a skilled cook you should try making a whole meal. The best thing to have for dinner on a hot summer day is a big bowl of colourful salad that will keep you full and satisfied but won't make you feel too heavy or **sluggish**. You can also try some cultural meals either from your own country (you can visit your older relatives and ask them about their favourite childhood meals or snacks) or some other places all around the world. Maybe try to bake something - summer is perfect for desserts filled with fresh fruit!



We gave you only a few ideas for this Summer. There are many more possibilities that you can come up with on your own during the holidays or search them up on the internet. Don't be scared of trying new things because what is the worst thing that can happen? Even if it won't go **according to** your first plan, you will always gain new experiences and who knows, maybe you even find new friendships. Definitely make sure that every day counts and enjoy the summer season!

Vocabulary

sluggish /s'lʌg.ɪʃ/ nekomfortně plný (z jídla)
boredom /'bɔː.dəm/ nuda
thrift store /θrɪft/ second hand obchod
according to /ə'kɔː.dɪŋ.tuː/ podle
exhibitions /.ek.sɪ'biʃ.ən/ výstavy
DIY /diː.aɪ'waɪ/ vytvoř si sám