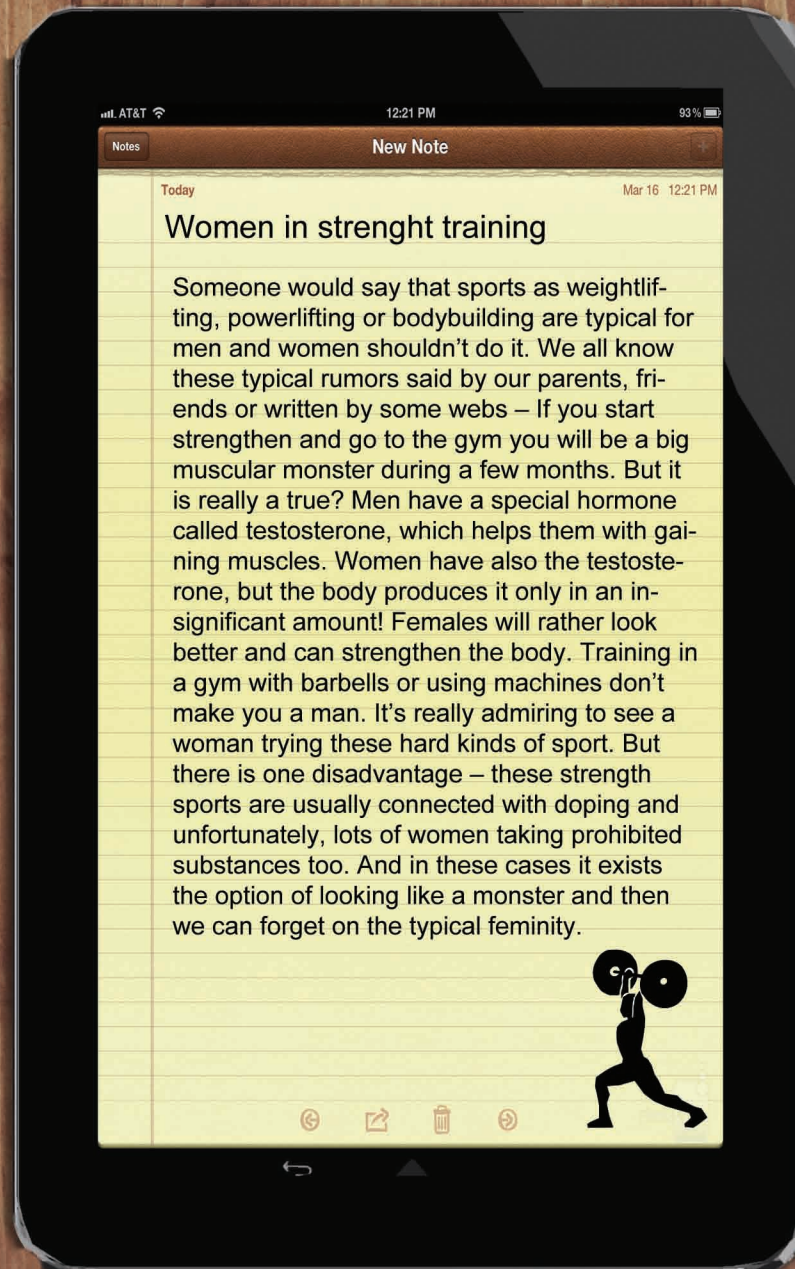
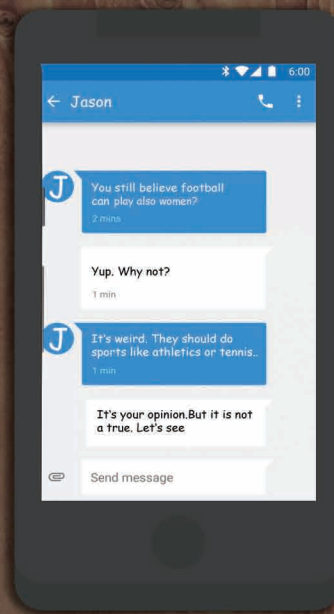


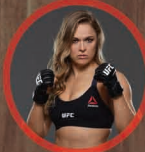
WOMEN IN MALE SPORTS?

Some people would say that sports like weightlifting, boxing, wrestling, rugby or judo are typical for men. But during the years it has changed and we can see women play in NHL or FIFA. When it all has started?



FAMOUS WOMEN IN MEN'S SPORTS


RONDA ROUSEY
is an american professional MME fighter. she competed also in judo and participated in Olympic games - she won bronze medal.




MARTA VIEIRA DA SILVA
is a Brazilian footballer. she is one of the most famous female footballer in the history.



MATTIE ROBERTS
is an American young weightlifter. she is competing in 69 kg category. Mattie competes in world championships too and she broke eight records.



REINA HALMICH
is a German professional female boxer. She also tried to popularize female boxing in Europe. She won many titles.



MONTIE LAMOURIX
is an American hockey player. She and her sister have played hockey since the age of 12. Her hockey team won silver medals in the Olympic games.



KATRA OUSSEIER
is a female rugby union player. Except playing rugby she was also a cricket representative.



KAORI MATSUMOTO
is a Japanese doing judo. She started in 6 years old and she was really talented. Kaori won gold at 2012 Olympic.



ASHLEY FLOER
is a female motocross rider. She was born without ability to hear, but she totally fell in love with motocross riding. She won the WMX Championship four times.



TRESE STRATUS
is a female wrestler. She is one of the most successful wrestlers even she wanted to be a manager. She won Women's Championship seven times.



Woman's position in general sports in the past

In the past, Women's activities were often only housekeeping and childcare. By the revolution in 1974, it has changed a lot. The family structure changed, the members had their rights and duties. Female had time for more activities – even for sport. The world gave them more independence and power. During two years after Revolution, the government tried to make sport accessible for everybody. And women were no exception. Some magazines devoted on women's sports and they tried to show the world how much is sport important for females even they had lack of money, lack of family support or didn't have a free time due to their jobs. Some people thought sport can destroy female body, but it is not a true. They can thanks to sport get many benefits as health improving, bigger self-confidence or have more energy. However, women should not forget their femininity – they will be always admiring by people because of their beauty, grace and taking care of children. After 1947 the level of women's participation in different competitions has increased. But the participation in sport has stayed still low compared to men.

First entries into typical male sports in the past

Before 1974, women did only sports such as gymnastics, swimming, tennis or volleyball. But after the revolutionary year, women started to compete in "traditional men's sports" - for example in rugby, football or judo. First competitions for females in these sports have started since 1975, but there was already a game in rugby took place in 1970, in Coimbra. Rugby was gaining popularity and the first national competition was established in 2000. Football, as same as rugby, was played already in 1930. We can say that the interest of typical male sports and participating in them increased in the year of 1974 too. Women's interest in men's sports showed mainly in football and weightlifting. There were no women registered in football or in weightlifting federation in 1970s, but in 1990s there were over 2 000 registered female footballers and 13% of all registered weightlifters. In the beginning of 21st century the percentage of woman doing male sports has increased more, but sports such as swimming or gymnastics are the most popular also today.

THE MOST POPULAR MALE SPORTS FOR WOMEN

Sports as tennis, cycling or swimming are maybe the most popular, but some male sports belong also among TOP 20 popular female activities.
FOOTBALL - the popularity of female football still raising. We can say that football is one of the most favourite team sports. Unlike male football, it has still lots of shortcomings for fair play. But over 50% women are satisfied with their footballing experience. ①

THE MOST POPULAR MALE SPORTS FOR WOMEN

ICE HOCKEY - Ice hockey is the fastest growing woman's sport and it has increased during 10 years. The big amount of female hockey players is in Canada and USA, but there are also hockey players in other countries.
The next growing sports are motor cross, wrestling, weightlifting or rugby. ②